



News from Simon & Schuster

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FROM THE BESTSELLING AUTHOR OF *TRIBE* AND *THE PERFECT STORM*

IN MY TIME OF DYING

How I Came Face to Face with the Idea of an Afterlife

Sebastian Junger

Simon & Schuster | May 21, 2024 | \$27.99 | ISBN: 9781668050835

“Let me start this way: Sebastian Junger is one of the finest writers of our generation, and *In My Time of Dying* is a stunning book that comes as close as anything I’ve read in explaining what it means to be human.”

—James Patterson

“Ardently researched, consummately written, and boldly forthright, this an intensely moving and deeply provocative immersion.”

—*Booklist* *STARRED REVIEW

“A riveting and resonant meditation on some of life’s biggest questions.”

—*Publishers Weekly* *STARRED REVIEW

“A luminous book...Intelligent and poignantly probing.”

—*Kirkus Reviews*

“Sebastian Junger has conjured his most personal and yet universal book, a stunning account I didn’t so much read as inhale, awed and riveted and forever changed.”

—Michael Finkel, *New York Times* bestselling author of *The Art Thief*

“Sebastian Junger is known for standing on the front lines in places that scare the hell out of the rest of us. Nowhere is that truer than in *In My Time of Dying*, where he turns inward to examine his own mortality, the most frightening—yet fascinating—frontier there is.”

—Caitlin Doughty, *New York Times* bestselling author of *Smoke Gets In Your Eyes & Other Lessons from the Crematory*

“An instant classic that filled me with wonder, gratitude, and awe. Sebastian Junger is one of our greatest reporters, and *In My Time of Dying* helps us imagine what if anything might await us on the other side of the great divide.”

—Will Schwalbe, *New York Times* bestselling author of *The End of Your Life Book Club*

“A tour de force. Junger has crafted an ode to the magical healing power of love and the wonder of life.”

—David R. Dow, National Book Critics Circle Award finalist and author of *Things I’ve Learned From Dying: A Book About Life*

For years as an award-winning war reporter, Sebastian Junger traveled to many front lines and frequently put his life at risk. And yet the closest he ever came to death was the summer of 2020 while spending a quiet afternoon at the New England home he shared with his wife and two young children. Crippled by abdominal pain, Junger was rushed to the hospital by ambulance. Once there, he began slipping away. As blackness encroached, he was visited by his dead father, inviting Junger to join him. “It’s okay,” his father said. “There’s nothing to be scared of. I’ll take care of you.” That was the last thing Junger remembered until he came to the next day when he was told he had suffered a ruptured aneurysm that he should not have survived.

This experience spurred Junger—a confirmed atheist raised by his physicist father to respect the empirical—to undertake a scientific, philosophical, and deeply personal examination of mortality and what happens after we die. How do we begin to process the brutal fact that any of us might perish unexpectedly on what begins as an ordinary day? How do we grapple with phenomena that science may be unable to explain? And what happens to a person, emotionally and spiritually, when forced to reckon with such existential questions?

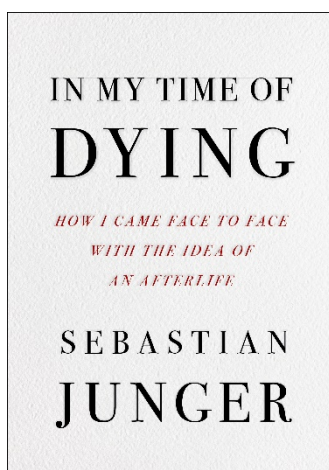
IN MY TIME OF DYING is part medical drama, part searing autobiography, and part rational inquiry into the ultimate unknowable mystery.



About the Author:

Sebastian Junger is the *New York Times* bestselling author of *Tribe*, *War*, *Freedom*, *A Death in Belmont*, *Fire*, and *The Perfect Storm*, and codirector of the documentary film *Restrepo*, which was nominated for an Academy Award. He is also the winner of a Peabody Award and the National Magazine Award for Reporting.

<https://www.sebastianjunger.com/>



About the Book:

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